

Have you experienced chronic health conditions during pregnancy?



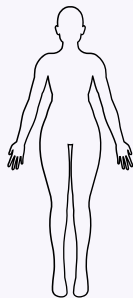
Please scan the QR code for more information

You may be eligible to participate in the *Body Mapping to Advance Perinatal care* study if you:

- Are 18 years or older
- Have **one or more chronic health conditions or disabilities**. This can include: physical and mental health conditions, and/or disabilities.
- Have had a pregnancy in the last **ten** years.
- Are able to **travel to Toronto and attend one in-person** workshop.

What is body mapping?

Body mapping uses drawing, painting, or other art-based strategies to show and describe aspects of your life, pregnancy, and health.



I am interested! Who do I contact?

Please contact Jannah Wigle by telephone (647) 691-4122 or email at wiresearch.uts@utoronto.ca



What would my participation involve?

You will participate in **one** in-person workshop lasting 4 hours in Toronto using art and body mapping to visualize and share your experiences of pregnancy care and chronic conditions. You will also participate in **one 60-minute online interview**.

No art experience necessary. Activities will be accessible with diverse adaptations available.

What are the benefits of participating?

You will receive up to a \$250 gift card for participating in the workshop & interview.

Sharing your experiences will help us improve services for other people with chronic health conditions.

If you need any supports or accommodations to participate, these will be provided.

This study has been reviewed and approved by the University of Toronto Research Ethics Board [Protocol #48872]. This study is funded by the Canadian Institutes of Health Research.